



**ASCENSION TOUR**  
**MASTER LAMA RASAJI LIVE!**

**Itinerary**

<b>FRIDAY</b>	<b>11 AM</b>	<b>TCG Class led by Master Lama Rasaji</b> Location: 1783 Shell Ring Circle, Mt Pleasant SC 29466
	<b>500 - 515 PM</b> <b>530 - 600 PM</b> <b>600 - 630 PM</b> <b>630 - 700 PM</b> <b>700 PM</b>	<b>ASCENSION TOUR BEGINS - Welcome</b> TCG and Meditation History & Ch 1 (Energy/Chi) Q&A <b>End First Session</b>
<b>SATURDAY</b>	<b>930 AM</b> 930 -1030 AM 1030 - 1130 AM 1130 - 1200 PM	<b>Begin Live Stream - be in your seats :)</b> TCG and Meditation Ch 2 (Mind) & Ch 3 (Breath) Q&A
	<b>Noon- 200 PM</b>  200 - 500 PM	<b>Lunch Break</b>  Emperor's Choice, Lama's Lotus Ch 4 (Movement & TCG Walking) Opening the Mobile Portal The Form: Intro Chapter 5 (Nutrition) Chapter 6 & 7 (Work & Money) Microcosmic Orbit
	<b>500 PM</b>	<b>End Live Stream</b>
<b>SUNDAY</b>	<b>900 AM</b> 900 -Noon	<b>Closing Session Begins</b> The Form: Advanced Chapter 8 & 9 (Friendships & Nature) SPECIAL TRAINING: Master Lama Rasaji Message from Master Lama Rasaji

NOTE: New attendees will be receiving a link via email to schedule a 1:1 meeting with Master Lama Rasaji at the event. If openings remain, others will have an opportunity via email to schedule on a first-come, first-serve basis.